



INSTITUTE FOR CHILDREN'S AID

A Voice of HOPE for Children Worldwide

JOH PARENT TRAINING PROGRAMS

This is your schedule for the JOH Parent Training Program. You are required to complete each of the items which will equal 32 hours. It is done in stages for your convenience.

Topics/Resources

Information about program

Orientation Regarding Foster Parenting Basics/differences in Program *(Social Worker will contact you)*

First Aid and CPR *(classes available thru ICA)*

SEMINAR TRAINING: *(ICA training – ask about up-and-coming classes)*

#1 Life Skills Handbook

#2. Dealing with Behaviors and Discipline

#3. NCTSN *(The National Child Traumatic Stress Network)*

Addressing Border Youth

Refugee Services Toolkit

Understanding Child Traumatic Stress

Child Grief

Child Trauma workbook and video

ONLINE TRAINING: *(please complete on your own)*

1. BRYCS <http://www.brycs.org/webinars.cfm> *(please see website & complete training below)*

Strong Roots and Bright Futures: Promoting Successful Adjustment of Refugee Youth

2. www.fosterparents.com *(See the following online website – fees vary)*

A. Why Do Traumatized Children Need a Different Approach to Parenting?

B. Difficult Children 104: Children with PTSD

C. Loss & Grief Experienced by Foster & Adopted Children

D. Transracial & Cross Cultural Fostering

A DIVISION OF
INTERNATIONAL CHRISTIAN ADOPTIONS

HEADQUARTERS: 41745 Rider Way, #2, Temecula, CA 92590 | T: 951.695.3336 | F: 951.308.1753 | www.4achild.org | info@4achild.org
BRANCH: 1800 Martin Luther King Parkway, Suite 201, Durham, NC 27707 | T: 919-797-9920

HANDOUTS: JOH Packets *(please review and sign you have read it over)*

JOH PACKETS

Child Welfare

Keeping your family strong *(18 pages)*

Cómo mantener a su familia fuerte *(18 pages)*

Child Abuse Training/ BRYCS-

Tier One: Preventing Child Maltreatment in ORR-Funded Care Provider Programs

Prevent Child Abuse New York, NetSmartz

Protecting your child from abuse while in someone else's care *(2 pages)*

Tips for teens (Cyber bullying, online predators, sharing too much, and trusted adults) *(1 page)*

Consejos para adolescents (Hostigamiento cibernético, malvados en el internet, compartir demasiada información, adultos de confianza) *(1 page)*

Cyber bullying Unplugged *(2 pages)*

Sexting questions and answers from NetSmartz Workshop *(2 pages)*

Tips for tweens (Cyber bullying, online predators, sharing too much, and trusted adults) *(1 page)*

para preadolescents (Hostigamiento cibernético, malvados en el internet, compartir demasiada información, adultos de confianza) *(1 page)*

Tips for Kids *(1 page)*

Bullying prevention tips for kids and teens *(1 page)*

Protect Kids: Instant message & chat room safety tips *(1 page)*

Microsoft-Safety & Security Center: Online predators: help minimize the risk *(2 pages)*

Helping school-age children with Traumatic Grief: tips for caregivers *(2 pages)*

NetSmartz Workshop

Tips to prevent sexting for teens *(1 page)*

Consejos para prevenir sexting para adolescents *(1page)*

Protecting your kids online *(1 page)*

Cómo proteger a sus hijos en línea *(1 page)*

Hostigamiento cibernético *(2 pages)*

Gaming Safely *(1 page)*

Cómo jugar de manera segura *(1 page)*

NCTSN (*The National Child Traumatic Stress Network*)

Complex Trauma: Facts for Caregivers *(25 pages)*

Age-related reactions to a traumatic event *(2 pages)*

After a crisis: helping children heal *(1 page)*

Helping Young Children with Traumatic Grief: tips for caregivers *(1 page)*

Entendamos el estrés traumático infantil *(14 pages)*

Addressing the mental health problems of border and immigrant youth *(20 pages)*

Pre-Workshop Survey

Where we live: A manual for engaging parents- Parent involvement project, Parents Pre-workshop survey *(49 pages)*

Stop Bullying

Prevent Cyber bullying *(2 pages)*

American Academy of Pediatrics and Dave Thomas Foundation for Adoption

Parenting after trauma: Understanding your child's needs *(4 pages)*

ADDITIONAL YEARLY TRAINING (Each year you must complete 15 hours of training and it must be documented by ICA)

www.fosterparentstest.com

Parenting Children Across Racial & Cultural Lines - 4 credit hours \$9.95

Celebrating American Indian Culture in the Family - 3 credit hours \$8.95

Transracial and Cross-cultural Fostering - 2 credit hours \$5.95

Hispanic Family Dynamics - 3 credit hours

Through The Eyes Of A Foster Child - 3 credit hours Allen Goodearle, Former Foster Child (Interactive-Communicate directly with course Instructor) Highly recommended for All Adoptive and Foster Parents \$10.95

What I Really Needed! - Through The Eyes Of A Foster Child Part II - 3 credit hours Allen Goodearle, Former Foster Child Highly recommended for All Adoptive and Foster Parents \$10.95

Practical Ways to Deal With Difficult Children (A non-clinical approach for everyday use!) - 3 credit hours Mary Goodearle, MSW \$10.95

Allegation Prevention - 3 credit hours Barbara Leiner Highly recommended for All Foster Parents \$10.95

Lifebooks - 3 credit hours Includes 33 colorful template pages to create a child's life story. Help your child's self-esteem and receive a training certificate. \$10.95

Why Do Traumatized Children Need Such A Different Approach To Parenting - 3 credit hours

Parenting Traumatized Children Part I - 3 credit hours \$8.95

Parenting Traumatized Children Part II - 3 credit hours \$8.95

Parenting Traumatized Children Part III- 3 credit hours \$8.95

Parenting Traumatized Children Part IV- 3 credit hours \$8.95

www.fosterparentcollege.com

Child Safety and Supervision

Michael F. Quinn, M.A., uses a professional child care worker's approach to child safety, providing foster parents with effective supervision strategies and tools for collecting background information, making in-home observations, and making supervision adjustments.

Culturally Competent Parenting

Dr. Tanya M. Coakley discusses how culturally competent parenting can provide minority children an environment that respects and nourishes their sense of self.

Foster Care to Adoption

Explores the process and challenges of moving from foster care to adoption and offers insight and advice for helping adoptive family members through those challenges

Advanced Parenting Workshop on Taking Things without Permission

This Advanced Parenting Workshop explores the common reasons for taking things. Two case studies are presented, and participants work together to determine the reasons behind the children's taking things and how their parents can teach them more acceptable behaviors. With the help of Dr. Rick Delaney and his teaching assistant, participants then develop an action plan for one case family.

Learning objectives:

- list four common reasons for taking things
- recognize the four defining signs of complex trauma
- describe the seven aftereffects of complex trauma
- list five components of nurturing parenting

Advanced Parenting Workshop on Anger

In this workshop, participants learn about the types and components of anger. A case study is introduced, and participants collaborate to identify the components of an outburst and how it is influenced by the child's biases and beliefs. They then develop an action plan for the case family, with guidance and assistance by Dr. Richard Delaney and his teaching assistants.

Learning objectives:

- understand the ABCs (components) of anger
- learn the types of anger outbursts
- identify warning signs for serious anger problems
- distinguish between unhealthy and healthy anger
- know when to seek help
- develop and implement an action plan for coping with anger